

## Scholarship Competition

### ~ Standard Body Measurements & Fit Guidelines ~

#### **WOMEN'S MEASUREMENTS:**

Bust: 34" - 35"

Bust Point: 9 1/2" - 10" (drop from mid shoulder to bust point on dress form) Under

Bust: 30 1/2" - 31 1/2"

Waist: 26 1/2"

High Hip: 35" (across hip bone - approximately 4" below waist)

Low Hip: 37" (widest part - approximately 8" below waist)

Waist to Floor, Without shoes: 45 1/2" - 46"

Back Neck to Waist: 17 1/2" - 18" (from neckline on dress form)

Front Neck to Waist: 15 1/2" - 16" (from neckline on dress form)

Arm / Sleeve: 24 1/2" - 25" (measured from top of shoulder)

Above Bust: 33 1/2" (measurement necessary for strapless dresses)

#### *Openings:*

In order to dress and undress models without damaging garments AND in order for highest scored garments to be shown on the runway, please note the following specifications.

#### *Neckline:*

The minimum neckline opening for a non-stretchable fabric is 22". (Measure opening circumference at its widest open position, regardless of neck closure type.)

#### *Ribcage:*

Note bust-line and under-bust measurements for rib cage circumference above. Additionally, when pulling a garment over the shoulders, bust-line circumference is not sufficient for entry. A side seam zipper or closure for non-stretchable fabrics must be added for entry and removal of garment to avoid seam or fabric damage.

#### *Pant and Skirt Waist Openings:*

Waistline openings must be a minimum of 38" with the closure at its widest open position; 38" to 40" being ideal to assure no garment damage. This pertains to the garment and any lining or petticoat. All openings should drop a minimum of 7" below the natural waistline, with tighter fitting garments opening lower.

#### *Pant Hemline Openings:*

Typical pant hems should have a minimum of 12" circumference in a non-stretchable fabric to allow foot access. Exceptions are allowed if there is an additional hemline opening such as a zipper, Velcro, elastic, or vents. In these cases, a minimum opening of 12" should be maintained when these items are in the "open" position.

#### *Skirt Hemline Openings:*

Slim-fit skirts that extend below the knee must have a vent, slit, or flare to allow adequate walking ease. Slits or vents should rise a minimum of 5" above the mid-knee to prevent tearing fabric or seams. The circumference, measured at 5" above the knee with slit or vent open, should be 36" to allow for a runway stride and the safe navigation of stairs. If the model cannot walk or gracefully climb stairs during the pre-show fitting, the garment will not be shown.

#### **MEN'S MEASUREMENTS:**

Height: 6' - 6'2"

Chest: 40" - 44"

Jackets: 40R / 40L - 42R / 42L

Waist: 31" - 32"

Inseam: 32" - 34"

Neck: 14 1/2" - 16"

Sleeve Length (Measured from Center Back Neck): 33" - 35"